

Eagle Crest Resort

Activity Schedule

JANUARY

1-31 2018

All Facility Rules

Proper Resort I.D. required for admittance - Children under the age of 14 must be accompanied by and adult (18+) in Pool and Court areas - Smoking and Alcohol strictly prohibited - No food, glass or coolers permitted in pool area - Swim diapers in wader pool only - Children under the age of 6 not permitted in the spa/hot tub - No large floatation devices in the pool - No running or horse Play

ALL SPORTS CENTER SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE

Resort Sports Center-1580 Swallow Lane 541.923.9627

Mon-Sat 7AM-9PM Sun 8AM-9PM HOT TUB 8AM-8:45PM (Pool Closed)

· Seasonal Outdoor pool, wading pool and hot tub · Fitness room with Life Fitness machines · Co-ed dry sauna · Indoor tennis and racquetball courts · Outdoor tennis courts · Horseshoe pits and outdoor basketball -half court · Game room with billiards, air hockey, table tennis and arcade games · Convenience store & Gift Shop including wine, snacks, clothing & sundries · Bicycle rentals by Wheel Fun Rentals -*Seasonal*

Fitness Classes

Yoga

Tues & Thurs 8:45-10AM \$7

Tennis

Adult Tennis Clinic

10-11:30AM Monday & Wednesday - \$15-\$20

8:30-10AM Saturday- \$15-\$20

Reservations Required

Please pay for All activities at the Sports Center front desk. A receipt will be given to the Instructor Thank you

Lakeside Sports Center 575 Oxbow Loop 541.923.8706

Daily 8AM-6:30PM Hot Tub 8am-6:15PM (Pool Closed)

· Seasonal Outdoor infinity pool, splash park, wading pool and hot tub · Life Fitness cardio and strength machines · Outdoor Tennis, Pickle Ball & Basketball courts

Outdoor Pickle Ball and Tennis Courts

Daily 8AM- 6:30PM

Fitness Room

8AM- 6:30PM

Eagle Ridge Sports Center and Day Spa on Reverse Side

Eagle Ridge Sports Center-8100 Cooper's Hawk Dr 541.923.9647

Mon-Thur 7AM-9PM Fri 7AM-10PM Sat 8AM-10PM Sun 8AM-9PM

*POOL Mon-Thur 7AM-8:45PM / Fri 7AM-9:45PM / Sat 8AM-9:45PM / Sun 8AM-8:45PM

***POOL CLOSED DURING SCHEDULED ACTIVITIES**

Day Spa · **Indoor pool**, wading pool and two outdoor hot tubs · Indoor Basketball/Pickle ball Courts
· Fitness room with free weights and cardio machines · Fitness Classes · Outdoor sand volleyball
and horse shoe pits

Pool Schedule

Lap swim

Mon, Tues, Thurs & Fri 7-8:30AM & 12:30-1:30PM
Wednesdays 7-9AM & 12:30-1:30PM

Aqua Aerobics

Mon, Tues, Thurs & Fri 8:30-9:30AM \$4

Adult Swim (No laps)

Mon, Tues, Thurs & Fri 9:30-10:30AM
Wednesdays 9-10:30AM

Family Swim

Mon-Fri 10:30AM-12:30PM & 1:30-8:45PM
Sat & Sun- ALL DAY

Fitness Classes

Innergystics

Mon, Wed & Fri 9-10AM \$7

Open Basketball Play

*1/2 court will be available for
basketball with no reservations needed*

Monday – Friday 7-9PM
Sat & Sun 8-10AM & 7PM-Close

Group Pickle ball Play

Beginner (Novice)

Mon & Wed 10:15AM-1PM (FREE)
1st half = lessons/drills 2nd = half play
Friday 3:30-6PM Beginner's Open Play

Intermediate

Tues 1-4PM
Wednesday 3:30-6PM
Thursday 10AM-1PM
Friday 1-3:30PM

Advanced

Tuesday 10AM-1PM
Wednesday 1-3:30PM
Thursday 1-4PM
Friday 10:15AM-1PM

**Pickle ball /Basketball
by reservation**

Monday 7-8:30AM & 4-9PM
Tuesday & Thursday 7-10AM & 4-9PM
Wednesday 7-:30AM & 6-9PM
Friday 7-8:30AM & 6-10PM
Sat & Sun 8AM-CLOSE

**PICKLE BALL/BASKETBALL RESERVATIONS
FOR 1 HOUR**

—One hour, per ownership, per day—

May call one week in advance for reservations

Only clean court shoes in Ridge Gym

No street shoes